

Flow International Food Buffet	195	Soft Beverage Package	45
Cold Bar & Dessert Station	130	(Water & soft drinks)	
Dessert Station	75	Alcoholic Beverage Package	95
		(Two glasses of wine or two bottles of beer)	

APPETIZERS, SALADS AND MEZZEH

Caesar Salad	80
Hearths of Romaine lettuce tossed with beef bacon, garlic croutons and Caesar dressing	
With Grilled Chicken	90
With Grilled Prawns (4 pieces)(S)	95
Caprese Salad  (V) (N)	85
Vine ripened tomatoes, buffalo mozzarella, olive and basil	
Tuna Nicoise	85
Potatoes, green beans, lettuce, cherry tomato, caper mayonnaise, rare seared ahi tuna	
Cold Smoked Salmon	75
Crème fraiche, capers, red onions and crostini	
Individual Cold Mezzeh	38
Choice of hummus, moutabel, babaghanouj or fattoush	
Individual Hot Mezzeh	38
Choice of kebbeh (N), spinach fatayer, cheese sambousek or falafel	

SOUPS

Shorbat Addas (V)	48
Arabic yellow lentil soup, lemon wedges, flatbread croutons	
Harrira Soup	48
Moroccan lamb soup with vermicelli and lentils	
Chicken Noodle Soup	48
Chicken broth, vegetables and noodles	
French Onion Soup	48
Cheese croute	

CHOOSE YOUR OWN GRILL

Selections are served with asparagus and tomato confit, choose one item from each category and have our chefs delight you.

Australian Lamb Cutlets	160
Tenderloin Steak	210
Sirloin Steak	190
Chicken Breast	145
King Prawns	175
Sea Bass	160
Norwegian Salmon Fillet	160

Side Dishes

French fries, potato puree, potato gratin, grilled mushrooms, mixed salad

Sauce

Veal sauce, pepper, béarnaise, lemon herb, garlic butter

PASTA

Spaghetti or Penne	85
Your choice of Bolognese, tomato, arrabiata, rosé or cream sauce	
Healthy Whole Wheat Penne Pasta	85
Broccoli, tomato, garlic, olive oil, chili flakes	
Seafood Spaghetti	115
Mixed seafood in rosé sauce	

PIZZA

Margherita	85
Fresh tomato, mozzarella, basil	
Quattro Stagioni	90
Mushroom, artichoke, pepperoni, tomato, basil	
Pepperoni	90
Beef pepperoni, mozzarella, tomato sauce	
Prawns (S)	95
Mozzarella, parsley, pink peppercorn	

INTERNATIONAL MAINS


Fish & Chips	115
Rémoulade sauce and smashed peas with malt vinegar	
Arabic Mixed Grill (N)	175
Shish taouk, shish kebab, lamb kofta, lamb arayes, lamb cutlet, vermicelli rice	
Seafood Mixed Grill (N) (S)	205
Prawn, half Canadian lobster tail, sherry fish, calamari, sayadieh rice	
Kung Pao Chicken (N)	105
With red chilli, cashewnuts and jasmine rice	
Stir Fried Sweet and sour	
With pineapple, bell peppers and jasmine Rice	
Prawns (N)	115
Chicken	105

Nasi Goreng (S)(N)	110
Indonesian stir fried rice with chicken and shrimp, prawn crackers, condiments	

DESSERTS

Carrot Cake	55
Carrot sponge, cream cheese frosting	
Baked Blueberry Cheese Cake	55
Tiramisu	55
Mascarpone cream, lady finger, biscuit espresso coffee	
Baked Umm Ali (N)	55
With mixed nut topping	

(A)= Alcohol (N)= Nuts

 Please advise of any dietary requirements or allergies and our chefs will be delighted to assist.
All prices are in Dirhams and are inclusive of 7% municipality fees, 10% service charge and 5% VAT.

(A) = الكحول (N) = المكسرات

يرجى التواصل مع فريق المطعم لأي من المتطلبات الغذائية أو للأشخاص ذوي حساسية لأي من أنواع الطعام وسيكون طهاة المطعم مستعدون للمساعدة
جميع الأسعار بالدرهم وتشمل 7% رسوم البلدية و 10% رسوم الخدمة و 5% ضريبة القيمة المضافة